

INGREDIENTS:

| 114g | SCS Unsalted Butter (melted and cooled) |
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| 128g | Sunshine Plain Flour |
| 64g | Cake Flour |
| 50g | SIS Fine Grain White Sugar |
| 85g | Medium Cornmeal |
| 1 tbsp | Baking Powder |
| 180g | Whole Milk |
| 1/2 tsp | Salt |
| 1 | Egg White |

CORN MUFFINS

Servings: 12

I like bread with my meal but then I think, what else can I have? Corn muffins add variety and colour to any meal or as a quick bite. Better yet, it's simple and quick!

- 1. Preheat the oven to 175°C.
- 2. Grease the muffin tray with butter.
- With a metal whisk, combine both flours, sugar, cornmeal, baking powder and salt in a large mixing bowl.
- 4. In a separate bowl, whisk together the milk, melted butter, and eggs.
- 5. Pour the milk mixture into the flour mixture; with an electric mixer on the lowest speed, combine both mixtures until smooth.
- 6. Fill the tin with the batter until about two-thirds full. Bake for about 25 minutes, until the tops are crisp and a toothpick comes out clean. Let the muffins cool and serve while still warm. The faster you eat these, the better!