

GRILLED BEEF SANDWICH WITH ONION JAM

This is no ordinary "kiddie" grilled cheese sandwich. No, m'am. Crispy ciabatta, gooey cheese, and delicious caramelized onions!

Doesn't that sound like a heavenly sandwich? When I look to make a sandwich to wow my friends and family this sandwich is a definite crowd pleaser!

INGREDIENTS:

2 tsps SCS Spreadable Butter 2 slices SCS Cheese Slices

1 Beef Strip Loin (about 120gm)

Ripe Tomato
Ciabatta Loaf

1 Large Onion (Thinly sliced)1 tbsp GOURMET Extra Virgin Olive

Oil

1 tsp Garlic (Chopped)1 tsp Dried Thyme

Salt & Pepper (To taste)

- Prepare the onion jam first. In a frying pan, add the oil, onions and dried thyme, cooking gently over low heat. Stir frequently to prevent burning. If the pan gets too dry, add in 1 tbsp of water whenever necessary.
- 2. When the onions turn a rich brown colour, add in the garlic and cook until fragrant. Season to taste.
- 3. Pan-sear the beef until it achieve desired doneness.
- 4. Slice the ciabatta in half lengthwise.
- 5. Spread the ciabatta with the SCS spreadable butter and assemble the sandwich. Spread a layer of the onion jam first, followed by the tomato, beef, and cheese.
- 6. Cover with the top of the ciabatta. Toast in a sandwich press.

TIP!

If you do not have a sandwich press use a non-stick pan heated on medium heat. Just place the sandwich in the pan and press down flat until the crust is crispy. Turn and toast the other side.